



PREGTRIAL

QUARTERLY NEWSLETTER

MARCH 2026 - ISSUE #2

Welcome back to the PregTrial Newsletter!



We are excited to share the latest progress from our team in research, out expanding network, and developing of tools and processes.

THIS ISSUE'S HIGHLIGHTS

- As part of our mixed methods study, we will soon be launching a survey of ACT trialists, research ethics board members, people with lived and living experience, and regulators on use of an ICF toolkit - stay tuned for more!
- A multi-disciplinary rapid response consultative service to support the inclusion of pregnant and lactating people in clinical research application has been submitted as part of ACT-2
- Dr. Natalie Dayan presented at the RI-MUHC clinical trials symposium on the PregTrial Initiative
- Our in-person PregTrial meeting is planned for October 26-27, 2026 - please accept the event in your calendars! See below for details
- Dr. Natalie Dayan will be participating in the '[Vitaly Important](#)' symposium as an invited speaker and expert panelist in Toronto, ON March 24-25, 2026

Progress & Milestones

ICF Toolkit: Work on our Informed Consent Form (ICF) toolkit is actively underway, building on updated guidelines and frameworks to support researchers considering the inclusion of women of childbearing potential in clinical trials. The toolkit will allow users to incorporate text relating to inclusion of pregnant and lactating women, fetuses/infants, and women of childbearing potential directly into the ICF through an easy to use web-based toolkit.



Mixed Methods Study: Our mixed methods study has been formally submitted to the Research Ethics Board in late January, we are expecting approval in the coming weeks. This study explores researchers', patients', and REB members' knowledge, attitudes, and readiness to use an informed consent toolkit for supporting enhanced representation of pregnant and breastfeeding women in clinical trials. The survey for this study will be distributed as soon as possible and we look forward to receiving valuable stakeholder insight!

PregTrial Rapid Response Service: As part of ACT-2, we have developed and submitted a consultative service (the PregTrial Rapid Response Service) which will offer robust expert support for ACT Trialists and CTUs in designing high-quality, safe, and ethical trials that include pregnant and lactating research participants.

INCLUDE-HER research network: Our submission to the ACT2 call for networks was accepted! Our proposed network, called [INCLUDE-HER \(Initiative for Inclusion in Cardiometabolic Women's Health Clinical Trials\)](#) will bring together over 25 clinician scientists across 6 provinces in Canada to co-develop harmonized, evidence-informed woman-specific trials. Thank you to all who contributed to the proposal and it's success!



International collaborations: Dr. Dayan recently shared PregTrial progress and updates with collaborators from the WHO Global Clinical Trials Forum. Thank you to our colleagues for their valuable feedback to include regulators as stakeholders in our mixed methods study.

SAVE THE DATE

PregTrial In-Person Meeting — October 26-27, 2026. We are planning an exciting in-person PregTrial meeting to gather knowledge holders, exchange expertise, and develop consensus-based tools. The in-person meeting will take place **Oct. 26-26, 2026 in downtown Montreal**. Invited attendees will have already received a meeting invitation over email. **More details and highlights coming soon!**

Our team gathered for a holiday dinner in January, a wonderful opportunity to celebrate the year's achievements and connect in person!



IN THE SPOTLIGHT

RI-MUHC Clinical Trials Symposium: Dr. Natalie Dayan presented on the PregTrial initiative at the RI-MUHC Clinical Trials Symposium — From Vision to Impact: A Shift Towards Smarter, Bolder Precision Trials.

Women's Health Collective "Vitaly Important" Symposium: Dr. Dayan will be joining as co-panelist at the upcoming Women's Health Collective Vitaly Important Symposium in Toronto, speaking on women's cardiovascular health and the importance of clinical trials. Learn more at whcc.ca/vitalyimportant.

STAY CONNECTED

Stay in touch with the PREGTRIAL team - contact us or visit our website for updates

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🌐 www.pregtrial.ca