



PREGTRIAL

QUARTERLY NEWSLETTER

JUNE 2026 - ISSUE #3

THIS ISSUE AT A GLANCE

- * The **INCLUDE-HER Research Network** has been **awarded \$816,000** in funding from the MUHC Foundation's Innovation Fund for Women's Health **in addition to support from ACT2**. A huge thank you to all members of the INCLUDE-HER network for their support and to the MUHC Forward Fund for their support
- * **Registration is now open for the PregTrial In-Person Meeting on October 26, 2026** at Thomson House, McGill University - spaces are limited, so register soon! [LINK TO REGISTER](#)
- * Our investigator-specific survey on the feasibility of an ICF toolkit for including pregnant and lactating people in clinical trials is **now open** to the public. Please share widely to your networks and complete if you have not already! [LINK TO SURVEY](#)
- * The PregTrial Rapid Response Consultative Service (RRCS) has completed its first consultation and our team of experts will be gathering soon to further advance this work

Progress & Milestones

INCLUDE-HER Research Network: We are thrilled to share that the INCLUDE-HER (Initiative for Inclusion in Cardiometabolic Women's Health Clinical Trials) Research Network has been awarded \$816,000 over five years through the MUHC Foundation's Innovation Fund for Women's Health alongside additional support from ACT2. Thank you to everyone who contributed and to the MUHC Foundation and ACT2 for funding this initiative.

INCLUDE-HER aims to develop, implement, and scale up best practices in sex-based trial design for cardio-metabolic trials, with additional goals of fostering cross-disciplinary collaboration, expanding training opportunities in women's health, and identifying priority areas for future trials. We are excited by this achievement and the chance to further progress women's health equity and inclusion in research!



If you are an expert in cardiometabolic health and interested in this network, please get in touch!

ICF Toolkit: Our team has made great progress on the Informed Consent Form toolkit since the March newsletter. Our mixed methods study on the toolkit is now approved, and we have developed a prototype that will be further refined.

Our investigator survey is now open! If you are an investigator, please take a few minutes to complete it by following [this link](#), and share it within your networks. We are grateful to all co-investigators and partners who have already participated. The survey closes July 15, 2026 - every response counts!

PregTrial Rapid Response Consultative Service:

We are pleased to announce that our rapid response consultative service, which supports investigators in including pregnant and lactating individuals in clinical research, has completed its first consultation.

This is an exciting proof of concept for this service, and our team of experts are meeting soon to further advance this work.



Scoping of vaccine trials: Building on our earlier rapid evidence scan with the NCCMT, which found that very few preventive vaccine trials over the past decade included pregnant and lactating individuals, we are now looking more closely at the factors driving their inclusion or exclusion.

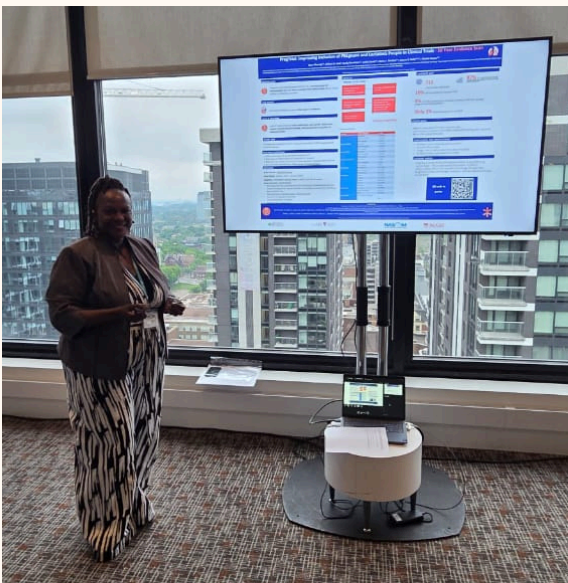
This scoping review will examine trial characteristics, eligibility criteria, and outcomes for preventive vaccine trials registered on ClinicalTrials.gov between 2020 and 2025.

SAVE THE DATE

**PregTrial In-Person Meeting – October 26, 2026
(Thomson House, McGill University, Montreal)**

Registration is now open for our PregTrial in-person meeting! We will be gathering knowledge holders to exchange expertise and develop consensus-based tools to support the inclusion of pregnant and lactating individuals in clinical research. **Spaces are limited – please register early using this link.** Invited attendees will have already received a meeting invitation and registration details by email. **Visit www.pregtrial.ca for registration details and other updates.**

IN THE SPOTLIGHT



Rose Mwangi came in second place at the 2026 NASOM conference poster presentation competition in Ottawa with a poster presenting the initial results of our rapid evidence scan, titled “*PregTrial: Improving Inclusion of PREgnant and LactatinG People in Clinical Trials - 10 Year Evidence Scan*” **Congrats Rose!**

STAY CONNECTED

Stay in touch with the PREGTRIAL team - contact us or visit our website for updates



pregtrial@rimuhc.ca



www.pregtrial.ca